

WORKING TOGETHER WITH THE COMMUNITY

Turning Point is a key service provider within Metro Vancouver's addiction services continuum of care. We partner with other community-based organizations and the provincial health and housing authorities to ensure our clients receive optimum individualized care based on best and emerging practices.

We take pride in our long and successful track record of being a good neighbour and making a difference in the communities we serve. Our staff and residents support local volunteer organizations by providing assistance to projects that aid local food banks, homelessness initiatives and other community based activities.

Turning Point is pleased to provide workshops to community groups, agencies or corporations who seek more information on treating addiction in the community, family or workplace.



MAKING CONTACT WITH TURNING POINT

Turning Point currently provides 63 beds for men and women and trans people in facilities in Vancouver, Richmond and North Vancouver. We will be opening a new site in Squamish in the coming weeks. Our program is typically 3-5 months in duration.

If you or someone you know requires help, please call us to discuss our admission and in-take procedures. Referrals are accepted from individuals, physicians, community clinics, local health and housing authorities, outpatient clinics, clergy, unions and Employee Assistance Programs (EAP). We welcome referrals from outside British Columbia.

For in-take information, please contact:

Richmond Men's: 604.303.6717

intaketprm@turningpointrecovery.com

Richmond Women's: 604.284.5354

intaketprw@turningpointrecovery.com

Vancouver: 604.875.1710

intaketpv@turningpointrecovery.com

North Vancouver Women's: 604.971.0111

intaketpns@turningpointrecovery.com

North Vancouver Men's: 604-988-4217

intaketpnm@turningpointrecovery.com

TP Squamish: 1-604-390-3595

intaketpsquamish@turningpointrecovery.com

For all other inquiries please contact our

Administration Office: 604.303.6844

Suite 260 - 7000 Minoru Blvd., Richmond, BC V6Y 3Z5

admin@turningpointrecovery.com

Please visit our website: www.turningpointrecovery.com



TurningPoint

MAKING RECOVERY A REALITY



turning point n.
an important
moment of
change



TurninaPoint



BRITISH
COLUMBIA
The Best Place on Earth



Vancouver
Coastal Health
Promoting wellness. Ensuring care.

bcl

Know your limit, play within it.

19+

MAKING RECOVERY A REALITY

TURNING POINT WORKS

As British Columbia's largest provider of Licensed residential Support Recovery services for adults, Turning Point has been helping men, women, and trans people recover from the disease of addiction for more than 37 years.

As a non-profit organization, our mission is to improve the health and well-being of individuals with addiction issues, their families, and the communities we serve through a continuum of residential and outpatient support services, education and leadership. We provide a safe, supportive, abstinence-based residential environment where our residents begin their recovery and take their first steps towards living a healthy, substance-free life.



PROVIDING HOPE

Addiction is a disease that negatively impacts every aspect of a person's life, including family, friends and community. Addiction does not discriminate between race, religion or socio-economic status.

Our residents come from all facets of life yet are bound together by a shared commitment to participate in a program of personal recovery and the desire to live a fulfilled life, free from addiction.

We are committed to making YOUR recovery a reality! At Turning Point, our residents are supported and empowered to turn their desire for a better life into reality, one day at a time.

CHANGING LIVES

Our program of recovery follows a client-centred approach utilizing strength-based models and evidenced-based best practices. We help our residents to chart their personalized recovery path.

We provide a safe, structured and supervised residential environment to facilitate the physical, mental, emotional, and spiritual recovery of the individual. Our residents participate in individual and group counselling, including:

- life skills education;
- employment and education readiness skills and referrals;
- stress and coping techniques;
- conflict resolution and anger management;
- relapse prevention; and
- discharge, transition and aftercare planning.

Our experiential programming includes mindfulness meditation, expressive art therapy, trauma-informed therapeutic yoga, wilderness therapy, and Making Meaning writing groups. Residents complete individual recovery plans that include fitness and nutrition components.

Turning Point residents are required to develop a community-based support system that may include participation in 12-Step or other support groups to advance their recovery and develop an aftercare support network. We also offer peer mentoring and alumni support.



COMMITTED TO OUR CLIENTS AND THEIR RECOVERY

Turning Point's counselling team is committed to the recovery and welfare of our clients, the quality of our work, and the outcomes of our programs.

- Team members are professionally trained and certified Canadian Addiction Counsellors (CAC), many with graduate and undergraduate degrees in either counselling or a related social or health services discipline. All members bring many years of professional experience in the addiction recovery field to their positions. We value the contributions of and employ People With Lived Experience.
- Turning Point is licensed under the Government of British Columbia's Community Care and Assisted Living Act. We are contracted by the Vancouver Coastal and Vancouver Island Health Authorities and meet their high health and service standards.
- Turning Point offers a comprehensive After Care Program as well as Alumni sober social events throughout the year.