



TP - OVERDOSE RISK ASSESSMENT TOOL (TP-ORAT)

INSTRUCTIONS

1. If the answer to a question is <yes> circle the score; if <no> record no score for that question
2. Make any notes related to the answer as required
3. Add up the total score to establish the level of risk

Risk factor	Score	Notes
1 Current heroin user	1	
2 Current injector	2	
3 Has started injecting in last six months	3	
4 Current methadone user (prescribed) (street)	1 2	
5 Is <u>not</u> on supervised consumption	2	
6 Also drinks alcohol	2	
7 Also uses benzodiazepines (e.g. Diazepam)	2	
8 Dual use of heroin and crack	2	
9 Has been in prison, hospital or residential drugs treatment in preceding month	3	
10 Has ever overdosed (but not in past year)	1	
11 Has overdosed once in past year	2	
12 Has overdosed two or more times in past year	3	
13 Has been using for more than five years	1	
14 Is using large amounts to get a buzz	1	
15 Finds it harder to get a buzz	2	
16 Enjoys a really big 'gouch' or 'nod'	3	
17 Prone to low mood or depression	3	
18 Tends to use alone	3	
19 Has health problems (e.g. hepatitis, respiratory problems)	2	
20 Has erratic patterns of use (different dealers, drugs, amounts, routes, combinations)	2	
Total		

Score Range	Interpretation
Scores less than 5	Low risk: while there is always a risk of overdose, the person has a relatively low risk profile. Work can still be done to further reduce risk factors.
Scores of 5 to 10	Moderate risk: a number of risk factors exist making overdose more likely.
Scores 10+	High risk: resident is much more likely to overdose and this will need to be reflected in both the type of housing offered and the interventions used to reduce risk. Address all risk factors, especially high risk activities; OD training for all staff and residents, harm reduction advice to residents.
Score 15+	Very high risk: the likelihood of an imminent overdose is high. Hopefully this high score can be reduced through interventions. A high level of support, staff diligence and training will be needed to reduce risk of fatality.

Completed by: _____ Signature: _____
 Print Name